

RITUAL AND MEDITATION FOR SEVEN STAGES OF SPIRITUAL UNFOLDMENT

Advisory! It is imperative that all person's choosing to do this work first complete the 3 months of preparatory work as laid out in the chapter "Occult Anatomy of the Body"!

This work requires the use of the 7 Alchemical Resurrection Tinctures

Please note the journey of each sephiroth takes about 1 year to complete.

We now come to the last stage of our work in spiritual evolution. These exercises are designed to help you make contact with your Inner Master and have initiations into the inner worlds of the sephiroth on the tree of life. It was written earlier that the formative forces associated with a particular planet express themselves more favorably at certain times of the year than other times. We will use this information to our advantage when doing these meditations and seeking contact with the inner world. It should be remembered that at the time when these forces are most prevalent the air we breathe in is saturated with the formative forces. We can, by conscious breathing, stimulate the center within the human body that corresponds to a particular planet, and thereby gain inner experience.

Many persons feel that in this work they need to break open the chakras of the body so the energy in those centers flows freely and unobstructed into our bodies. This type of opening of the centers is dangerous and generally leads to disastrous results. Its effects are analogous to placing holes in a dam, which allows the enormous pressure of water to flow out wildly. This type of influx of power, which the student is not used to, will do them much more harm than good. In this work we should strive to become aware of the in-flowing of the energy into these centers. We should seek to become aware of and experience its natural operation in our being. The more we mature and become familiar with this energy the more will we be able to control it. The centers within us will then naturally open like the unfolding of a flower. The energy expressed through these centers is what enables the adept to perform works of power. It must be understood that it is the Divine Will working through the focusing agent of the spiritual being that effects these works of power and not man himself. Our goal is to become an instrument of God. When we freely give ourselves over to the spirit and become the transparent intelligence, the universe works freely through us bringing about the miracles of life. Remember God has no need to manipulate circumstance, all that happens transpires because of the divine will.

Realize that you must be consistent with this practice, the more you do the ritual and use your alchemical preparation the more vivid and instructional will be your dreams.

While asleep your Inner Master possesses all the information that you need, but it is up to you to process the meaning of the symbol correctly. Gradually when you become more conscious of your dreams you will actually read information on the other side. Upon waking you will remember that you read from something but you will not remember what it was that you read. In time you will actually be able to remember upon waking what you have read in your dreams. After this you will begin to receive instructions by voice telling you explicitly what to do. These lessons are only for you. Follow the descriptions to the letter. Put all your needs before your Inner Master, he is your only Master and Guide!

The use of interpretive dream books can be very misleading. We suggest that you simply keep a pen and pad by your bed. Every morning upon waking write out as much of the dream that you remember. After this note by use of one word the part of the dream that gave you the highest sensation. If you saw a black bird and the color black was the strongest impression write down “black” not “black bird”. You should also make a note in your dream diary as to the day of the dream and the phase of the moon. Note as most people dream from 2am - 4am in the morning the date would be that of the morning and not the preceeding night when you went to sleep. After noting the dreams a clear message will be delivered over time.

As time goes on your dreams will become so vivid that you may wonder if your dreams are not actually reality. It is imperative that one retain a firm grip on reality. As the ancients would say keep your feet on the ground and allow only your head to visit the clouds.

The rituals laid out in this document can take on a climbing spiral approach, as they may be repeated using higher and stronger alchemical preparations. The first cycle is that of the alchemical Resurrection Tinctures™, followed by the white and then red alchemical plant stones. One may still climb higher by using the essences obtained from minerals and finally metals. As each cycle last seven years (1 year for each of the sephiroth) one can easily see that this is a lifetimes work. This practice is based on the days of the week so the light impregnated into any liquids will correspond to the appropriate sephiroth that rules the particular day of the week. In this ritual we only use the alchemical products once during the week, and that is on the day ruling the particular sephiroth we want to be initiated into.

The order of the initiation is as follows, Moon, Mercury, Venus, Sun, Mars, Jupiter, and Saturn. This order of initiation must be followed if you want to progress in a balanced and safe manner.

Find a quiet place in your abode. Sit down and relax. Have at hand your alchemical products and your jigger of wine. Place seven drops of the *Alchemical Resurrection Tincture* (or a few grains of the white or red stone depending on what cycle you are on) into the wine, then impress the colored energy onto it. Hold your hands over the wine and envision the colored energy of the day going into the wine. Place a few grains of the Herbal Crystal of the proper sephiroth in your mouth and drink the charged wine down immediately. See the wine descending to you and moving to the appropriate organs as described in the detailed instructions given later for each chakra. Do your conscious breathing taking in the energy of the formative forces, especially during the time of year when they are most prevalent. While this is happening pray silently to you're Inner Master to initiate you into the aspects of the 4 elements controlling that particular inner world, and the mysteries of the world itself. After a few minutes open your eyes and take a deep breath, then go about your normal daily activities.

In the evening do your relaxation exercise and then repeat the meditation without taking the alchemical products.

Your initiative dreams should start in 1 - 14 days. It is imperative that you do not go onto the inner world of the next sephiroth until you have passed through the 4 elements and have been initiated into the inner world, that you are currently working on. You will always have some sort of dreams that clearly mark your passage through the 4 elements of a world. For Earth generally you see yourself moving through tunnels, or observe things that are on the ground, or things like stones or dirt will be prominent in your dream. Initiations of the element of Water will of course involve you in some aspect of using, being in, or affected by water. Initiations for the air element will have you flying, falling, or being blown by the wind. Fire element initiations very often involve either yourself, or something of yours being burned. The interesting thing is that the flames do not hurt, but rather feel cleansing. After passing through the four elements of a sephiroth you will be initiated into the inner world of that sephiroth.

You will need to do some work on your part in this exercise. In order to form a very plastic picture in the mind of the organs being worked on in this part of the book you will once again need to surf the net to find pictures of those organs to use in your meditation. Again a good place to start is <http://www.bartleby.com/107/>

Also please note that a study (reading) of the different mythologies (stories) of divergent religions associated with the each of the different sephiroth will be quite helpful to you. A table is provided below to help you out in this manner.

Remember to write down your dreams every morning upon waking.

Sephiroth	Christian Gods	Egyptian Gods	Greek Gods	Roman Gods
Kether	God 3 in 1	Ptah	Zeus	Jupiter
Chokmah	God the Father	Isis (As Wisdom)	Athena	Janus (Mercury)
Binah	The Virgin Mary	Nephthys	Cybele	Juno
Chesed	God the Rain-Maker	Amoun	Poseidon	Jupiter (Libitina)
Geburah	Christ coming to judge the world	Horus	Ares	Mars
Tiphareth	God the Son	Ra	Iacchus, Apollo, Adonis	Apollo (Bacchus)
Netzach	Messiah Lord of Host	Hathoor	Aphrodite	Venus
Hod	God the Holy Ghost (as comforter)	Thoth	Hermes	Mercury
Yesod	God the Holy Ghost (as Incubus)	Shu	Diana	Diana
Malkuth	Ecclesia Xsti (The virgin Mary)	Osiris	Persephone	Ceres

Sephiroth	Buddhist Meditations	Hindu Gods	Scandinavian Gods
Kether	Indifference	Shiva, Brahma	Wotan
Chokmah	Joy	Vishnu	Odin
Binah	Compassion	Bhavani	Frigga
Chesed	Friendliness	Indra	Wotan
Geburah	Death	Varruna-Avatar	Thor
Tiphareth	Buddha	Vishu	
Netzach	The Gods	Bhavani	Freya
Hod	Analysis into 4 Elements	Hanuman	Loki
Yesod	Dhamma	Ganesha	
Malkuth	Lakshmi	Sangha, The Body	

Sephiroth	Animals	Plants	Precious Stones
Kether	Swan or Hawk	Almond in flower	Diamond
Chokmah	Man	Amaranth	Star Ruby
Binah	Woman	Cypress	Star Sapphire
Chesed	Unicorn	Olive	Amethyst
Geburah	Basilisk	Oak	Ruby
Tiphareth	Phoenix	Acacia	Topaz
Netzach	Lynx	Rose	Emerald
Hod	Hermaphrodite	Moly	Opal
Yesod	Elephant	Mandrake, Yohimbe	Quartz
Malkuth	Sphinx	Willow	Rock Crystal

Sephiroth	Magical Images	Magical Powers	Planetary Intelligence	Sephirah Intelligence
Kether	Ancient Bearded King seen in profile	Union with God		Admirable or Hidden Intelligence
Chokmah	Almost any male image shows some aspect of Chokmah	The vision of God face to face (vision of Antinomies)		Illuminating Intelligence
Binah	Almost any female image shows some aspect of Binah	The vision of sorrow (Vision of wonder)	Administrative	Sanctifying Intelligence
Chesed	A mighty crowned and enthroned King	The vision of Love	Rewarding	Measuring, Cohesive or Receptacular Intelligence
Geburah	A mighty warrior in his chariot armed and crowned	The Vision of power	Exciting	Radical Intelligence
Tiphareth	A majestic King, Child or crucified God	The vision of harmony of all things	Collecting	Intelligence Of Mediating Influence
Netzach	A beautiful naked woman	The vision of beauty triumphant	Luminous	Occult or Hidden Intelligence
Hod	An Hermaphrodite	The vision of splendor	Transparent	Absolute or Perfect Intelligence
Yesod	A strong, beautiful naked man	The vision of the Machinery of the Universe	Uniting	Pure or Clear Intelligence
Malkuth	A young woman crowned and veiled	The vision of the holy Guardian Angel		Resplendent Intelligence

SPHERE OF THE MOON

Day of Week: Monday:

Sephiroth: Yesod

Number: 9

Color: Violet:

Intelligence: Uniting

Month(s) of the year when formative forces are most prevalent: March 21 – June 20

*Products used: Alchemical **Resurrection Tincture** for Monday.*

Physical organ correlation to third eye chakra: Pituitary gland. This gland is found at the back of the root of the nose. This is the gland of telepathy. This gland is responsible for regulating all bodily rhythms like respiration, sleeping, waking, menstrual cycles, and the bony growth of our skeletal structures. The cosmic life-energy which hit this gland cause it to emit it's violet vibrations which acts as a coordinating influence allowing the trillions of individual cells of our body to act as one.

Stage of Spiritual Unfoldment: Freedom from the bondage of illusion. For the common person reality is made of what their physical senses report to them. Good and evil are in a constant struggle and the law of red tooth and claw prevails. You are about to enter into a world where the truth will be revealed to you plainly. There is no death, pain, sickness, disease, want, or misery. All of these are distortions of the truth formulated by the “little I” of the ego as it seeks to separate and define itself from all else. Once the chain of the senses has been lifted the truth may be seen clearly and all illusion evaporates.

The inner world initiation of this level opens the door to the astral world for the alchemist. The Qabalah calls this the uniting intelligence because it brings the conscious and sub-conscious minds together, awakens dormant powers and talents within you. The first impressions of this sphere are of total darkness. With each subsequent visits to the sphere the environment will fill with more light. The culmination of this experience is to see a gigantic full moon rising before you, no more than arm's length away. The white light reflected from its surface will be palpable on your body as radiating waves of energy.

SPHERE OF MERCURY

Day of Week: Wednesday

Sephiroth: Hod

Number: 8

Color: Orange

Intelligence: Transparent

Month(s) of the year when formative forces are most prevalent: March 21 – June 20

*Products used: Alchemical **Resurrection Tincture** Wednesday.*

Physical organ correlation to Crown Chakra: Pineal Gland This Chakra is found about 18 inches above the head. This Chakra's general organ of expression is the cerebrum known as the higher brain. Of all the brain centers the orange energy of this Chakra operation through the pineal gland is the most important. Some other important areas of this Chakra's influence are the lungs, hands, arms, shoulders, and upper intestines. By control of our breathing we are able to make contact with and utilize the subtle energies of the formative forces. This must be done in conjunction with the activity of the upper intestines, which produce chyle.

Stage of Spiritual Unfoldment: Awakening. When we are released from the illusion of bondage it is truly as if we have awakened from a terrible nightmare. The lightning flash that allows us to have a moment of clear vision causes us to never be the same. This perception of superconsciousness allows us to realize that no area of our personal lives can be segregated from the Life Powers influence. However short lived this flash of perception may be it overthrows the notion of an independent will, and it also collapses mental structures based on the false assumption that we are living our lives in perpetual antagonism to the universe and to the rest of humanity. This lie is the root cause of every murder, theft, and deed we call evil.

This sphere gives the inner world initiation into the temple of Hermes and the science of magic. This world teaches one how to use the Mercury of the Philosophers. This level establishes contact between the Inner Master and Hermetic Scientist.

SPHERE OF VENUS

Day of Week: Friday

Sephiroth: Netzach

Number: 7

Color: Green

Intelligence: Luminous

Month(s) of the year when formative forces are most prevalent: March 21 – June 20

*Products used: Alchemical **Resurrection Tincture** for Friday.*

Physical organ correlation to Throat Chakra: Thyroid and parathyroid glands. This Chakra is located in the throat. Its principal vehicles' expression is through the thyroid and parathyroid glands. This Chakra's energy is also strongly expressed through the kidneys and the lumbar region of the spine. This part of the spine extends from where the lower ribs are attached to it down to just above the pelvis. The skin and sense of touch are also under the influence of this Chakra.

Stage of Spiritual Unfoldment: The third stage of spiritual unfoldment is called Revelation. After realizing the previously held vision of ourselves and our relation to the environment has been what kept us in bondage, after the illuminative flash which topples erroneous structures of belief and assumption, then comes the calm of the after glow, the quiet after the storm. Many would suppose that after the illuminative flash, life is hunkey doorey and you walk around in a state of complete bliss, able to handle any crisis without breaking a sweat. The truth of the matter is that while the release from bondage and the illuminative flash do cause you to see the world anew, you really are as a newborn babe. Your vision has changed, now you must seek to understand the occurrences of your life, using your expanded vision and understanding. In this respect every experience of daily life is seen as an interaction of the divine with your soul. This stage represents the period of deep reflection and reassessment of self, values and life every traveler on the Path of Return must go through as they climb the stairway of the adepts.

The initiation of this sphere will be into what we call the natural world and the meaning of desire. This sphere is associated with fertility, imagination, love and many other things. The alchemist can expect to move about in a veritable Garden of Eden, with luxuriant flowers, fruits, wheat, etc. Initiation usually takes place in tree houses of thick forest.

SPHERE OF THE SUN

Day of Week: Sunday

Sephiroth: Tiphareth

Number: 6

Color: Yellow

Intelligence: Collecting

Month(s) of the year when formative forces are most prevalent: All Year Long

*Products used: Alchemical **Resurrection Tincture** Sunday.*

Physical organ correlation to Heart Chakra: Cardiac Ganglion. This center is found behind and a little above the heart. This center acts as the main power switch and relay station through which the cosmic life-energy flows.

Stage of Spiritual Unfoldment: This fourth stage of spiritual unfoldment is called Organization. This is not the commingling of humans into societies or groups but rather speaks of a process whereby the Hermetic Scientist works directly on their body through imagination to effect change in it. In the process of this work one realizes the oneness and inter-relatedness of all life in the cosmos. As the new body is born so to is the mind able to see exceptionally clearly and a love and ethos for all life dawns within the mind.

Initiation on this level puts you in touch with the logos or ego of humanity as a whole. It is the Christ center, where regenerated self is born. We are again as little children with heightened senses, which can see auras and hear the music of the spheres.

SPHERE OF MARS

Day of Week: Tuesday

Sephiroth: Geburah

Number: 5

Color: Red

Intelligence: Exciting

Month(s) of the year when formative forces are most prevalent: June, July, and August.

*Products used: Alchemical **Resurrection Tincture** Tuesday.*

Physical organ correlation to Sacral Chakra: Mesenteric, Prostatic, and Vaginal, Plexus. These nerve plexus's are found between the base of the spine and the navel. The adrenal's -found on top of either kidney- also are under the red influence of Mars. The energy of this Chakra is also active in the motor centers of the brain, every muscle (voluntary and involuntary) and of course our sex drive.

Stage of Spiritual Unfoldment: The fifth stage of spiritual unfoldment is called Regeneration. After the Hermetic Scientist has worked on their body, effecting change at the cellular level there comes a time when a sufficient number of new cells have been generated that have been under the direction of self-consciousness forming a critical mass allowing a spontaneous change occur.

This inner initiation is quite powerful. Its energy is the flash, which precipitates the destruction of false doctrines and misshapen social conditioning of morality. Because the consciousness of the alchemist is aligned with the God of the Universe and not that made up by organized religion, that which moves the heard no longer controls them. Their volition is that of God's. Because of this the alchemist has the ability to have psychic effects over crowds as well as an increase in physical strength. Tread upon the elements and world of this initiation with caution and do many reality checks because egotism and megalomania can result from its use if not monitored carefully, and the practitioner has not balanced himself or herself properly by following the preceding rituals. Initiations on this level generally occur in a tower or fortress like structure.

SPHERE OF JUPITER

Day of Week: Thursday

Sephiroth: Chesed

Number: 4

Color: Blue

Intelligence: Rewarding

Month(s) of the year when formative forces are most prevalent: September, October, and November.

*Products used: Alchemical **Resurrection Tincture** Thursday.*

Physical organ correlation to Solar Plexus Chakra: This nerve plexus is found behind the stomach, it controls the activities of the stomach, and is the directive center of the entire sympathetic nervous system. This center is impressed with the entire record of creation from its absolute beginning up to the present day. Other areas of the body the blue energy of this Chakra effect are the coccygeal and sacral regions of the spine, the iliac veins and arteries, and the sciatic nerves, the femur, hips, thighs, feet and toes. In combination with the violet Chakra of the Moon it has a strong effect on the liver, stomach, and mammary glands.

Stage of Spiritual Unfoldment: The sixth stage of spiritual unfoldment is called Realization. This stage of spiritual unfoldment bespeaks of the time when the Hermetic Scientist's consciousness is on the verge of blending with the universal. In this stage one has come to an intimate understanding of themselves and recognizes the dynamic relationship between self-consciousness and subconsciousness which produces their personality. The adept has come to realize that the two states of the human mind are not personal possessions but actually are modes of universal consciousness. Their personality has no separate existence, it is in fact a magnificent conduit for the operation of the One Will of the universe. In this stage of spiritual unfoldment the adept's intellectual conviction that drove their practices is validated by a fourth dimensional experience which completely obliterates the delusion of a separate existence.

The initiatory experience of this world is one where involution and evolution is understood. Here the alchemist has direct experience that it is not their will that shapes their path, it is the Will of the One-Life. Here the alchemist has the feeling of being in the center of the Great Wheel. The voice of the great "I AM" reverberates through their completely still being, while outside all of nature moves in harmony. The alchemist is given understanding of the cause and meaning behind events, they are able to discern the

cycles behind manifestation. This initiation gives universal truths about the world. The initiation generally takes place in a glass structure that resembles a church, cathedral, temple, or synagogue.

SPHERE OF SATURN

Day of Week: Saturday

Sephiroth: Binah

Number 3

Color: Black

Intelligence: Administrative

Month(s) of the year when formative forces are most prevalent: December, January, and February.

*Products used: Alchemical **Resurrection Tincture** for Saturday.*

Physical organ correlation to Roots Chakra: Sacral Plexus, Spleen, and Skin. The Root Chakra is located near the base of the spine. This nerve cluster has control over the functions that excrete waste from the body. Some other parts of the body that come under the influence of this Chakra are skin, especially the sweat glands, knees, ankles, kidneys, vasomotor system, lumbar region of the spine, and bones. At the center of the base of the spine lies the sleeping coiled serpent. The sublimation of the energy of this serpent is the chief work of the inner alchemical practice.

Stage of Spiritual Unfoldment: The seventh and final stage of spiritual unfoldment is cosmic consciousness.

All the adepts agree that it is impossible to put into words a comprehensive description of this stage of unfoldment. It must suffice to say that in this stage the adept has first hand experience and knowledge of their identity with the One Life, which is the source and axis of the entire cosmos.

In the inner world initiation of this level understanding of the Administrating Intelligence of the Universe is gained. Here we understand the lessons of life experiences. Knowledge of why a person, a people or a nation must go through certain travails, bloody though they may be, in order to maintain the cosmic order are shared on this level. The dance of life with all its divergent steps, is shown to be needed and integrated on this sphere.

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